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HIGHLIGHTS FROM THE WORLDWIDE SURVEY OF NONMEDICAL DRUG USE AND ALCOHOL USE AMONG MILITARY PERSONNEL: 1980

by:

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November 14, 1980

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Alcohol abuse Cocai		turates	•
stimate of the prevale	vides a compreher	nsive, alcoho	detailed and accurate of use among the active
subject population. I with: <1) younger age	d consequences of t was found that , <b>(2)</b> being unmar	f drug abuse rried,	and alcohol use in the correlates generally (3) lower educational
attainment, and (4) be	тик шале. тие а	i ugʻ ino:	or commonly used is

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alcohol followed by cannabis, amphetamines, cocaine, and hallucinogenes. Phencyclidine and heroin were found to be the least used drugs. Nineteen percent of the junior enlisted men reported being high on drugs while working at some time during the preveious year while 15% said they have been drunk while working sometime during the year. However, overall and with the exception of cannabis use, drug use in the military population has shown a decline since 1974, the year of the last worldwide survey.

#### ERRATA SHEET

The following corrections should be made to the report, "HIGHLIGHTS FROM THE WORLDWIDE SURVEY OF NONMEDICAL DRUG USE AND ALCOHOL USE AMONG MILITARY PERSONNEL: 1980" by Burt Associates, Inc., dated 14 November 1980 (Contract No. MDA 903-79-C-0667).

- 1. Page 18, Table 15. Change third CONSEQUENCE to read:

  TOTAL WITH EITHER OF THE 2 CONSEQUENCES
- 2. Page 22, Table 19. Change the BEVERAGE/FREQUENCY category to read:

BEVERAGE 1 QUANTITY

3. Page 25, Table 23. Delete PAYGRADE.

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#### Section 1: INTRODUCTION

This report is intended primarily to provide highlights of the results of a 1980 survey of nonmedical drug use and alcohol use among military personnel. Estimates are provided of the prevalence and consequences of nonmedical drug use and alcohol use among the active duty military population. The prevalence rates are compared with those obtained on a comparable civilian subpopulation. The findings are reported in statistical terms and can serve as an empirical basis for the formulation of policies and programs for the prevention and treatment of drug and alcohol abuse in the Military Services. More detailed findings are presented in the main report. 1

The survey is focused on nonmedical use of nine types of drugs and on use of three types of alcoholic beverages. Samples of 81 installations, worldwide, and 19,582 active duty personnel at these installations were randomly selected. The selection was made from all personnel in pay grades El through 06 in each of the four Services. Ninety-three percent of the eligible sample completed the multiple choice format questionnaire in group sessions proctored solely by the study team of Burt Associates, Incorporated. Additional details on the sampling design population characteristics, number of respondents, and confidence intervals are summarized in the Technical Note at the end of this report.

In Section 2, summary findings are presented on current (past 30 days) and annual (past 12 months) nonmedical use of drugs and on the physical, social and work-related consequences of drug use. Similar information on alcohol use is highlighted in Section 3. The data are often presented for the total respondent group, by Service, and pay grade group.

Comparisons between prevalence data in this survey and the most recent survey of the civilian population are summarized in Section 4.

Marvin R. Burt and Mark M. Biegel, <u>Worldwide Survey of Nonmedical Drug Use and Alcohol Use Among Military Personnel:</u>
1980 (Bethesda, Maryland: Burt Associates, Incorporated), 1980.

# Section 2: NONMEDICAL DRUG USE - PREVALENCE AND CONSEQUENCES AMONG MILITARY PERSONNEL

"Nonmedical drug use" is defined, for the purpose of this survey, as the use of drugs for nonmedical purposes, that is, for highs, for thrills, to relax, to give insight, or for pleasure. The nonmedical use of drugs is common throughout broad segments of American society. Concern has been expressed about the extent to which military personnel engage in nonmedical drug use and the consequence of such use in terms of their individual well-being and their work performance. The survey results address these concerns.

#### Prevalence

The nine drug types used for prevalence estimates are listed below, together with verbatim examples from the questionnaire:

DRIIG

DRUG	EXAMPLE
Marijuana	."Pot," "Grass"
Hashish	."Hash"
PCP	."Angel Dust"
Other Hallucinogens	.LSD, Mescaline, Peyote, STP, DOM, DMT, Psilocybin
Cocaine	."Coke," "Snow"
Amphetamines	.Benzedrine, "Bennies," Methadrine, Dexedrine, "Speed"
Other Uppers	.Preludin, Ritalin, Sandrex
Tranquilizers	.Valium, Librium, Miltown
Barbiturates	.Seconal (reds), Nembutal (yellows), Amytal (blues)
Other Downers	.Quaalude (Sopors), Optimil, Doriden, Placidyl, Methaqualone
Heroin	."Smack," "Scag," "Horse"
Other Opiates	.Morphine, Opium, Demerol, Codeine, Methadone

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Table 1 shows that over one-fourth (27 percent) of the military personnel reported they had used some type of drug or drugs nonmedically in the past 30 days; over one-third (36 percent) reported such use within the past 12 months. The figures for marijuana or hashish use are much the same as those for "any drug use," indicating that nearly all users of nonmedical drugs used at least marijuana or hashish. None of the other eight drug types (listed in rank order of prevalence of use) approaches marijuana or hashish in popularity.

The percentages of military personnel reporting use of each drug weekly or more frequently than weekly during the past 30 days are shown in Table 2. Clearly, there are substantially fewer regular users (i.e., persons using weekly or more frequently) than occasional users. For example, while 36 percent reported use of marijuana or hashish during the past year, 27 percent reported use during the past 30 days and 19 percent reported use at least once a week during the past 30 days. This pattern generally holds for all the drug types (except that there is no difference between non-medical use of barbiturates during the past 30 days and at least once a week). Thus, it can be concluded that the overwhelming majority of nonmedical drug use in the military is occasional or experimental in nature.

Prevalence rates vary by Service and region. It has not been established to what extent some or all of these variations are attributable to the different composition of the personnel in the four Services.

Nonmedical drug use is limited primarily to personnel in the El-E5 pay grade group (Tables 3 and 4), a phenomenon that may be attributable to the comparatively younger age of junior enlisted personnel. Patterns of use by drug and Service among El-E5's are similar to those noted for the total respondent group.

Tables 5 through 13 depict the current prevalence for each of the nine drug types by Service, pay grade group, and geographical region. In general, current prevalence rates for each drug type are as high or higher in CONUS than in other regions.

Drug prevalence correlates strongly with lower adult age, being unmarried, being male, and lower educational attainment. To the extent that a Service has a higher proportion of personnel with these characteristics, it can be expected to have a higher prevalence of nonmedical drug use.

TABLE 1
POPULATION USING EACH DRUG

(PERCENTAGE)

DRUG TYPE/	1		SE	RVICE	
USE PERIOD	TOTAL	ARMY	NAVY	MARINE CORPS	AIR FORCE
ANY DRUG USE					1
PAST 30 DAYS	27	29	33	37	14
PAST 12 MONTHS	36	38	43	47	23
MARTJUANA, HASHISH					
PAST 30 DAYS PAST 12 MONTHS	26 35	28 37	32 42	36 47	14 22
AMPHETAMINES OR OTHER UPPERS	}				}
PAST 30 DAYS	6	6	10	.8	3
PAST 12 MONTHS COCAINE	13	12	19	19	6
PAST 30 DAYS	4	4	7	8	1
PAST 12 MONTHS	111	10	17	19	5
HALLUCINOGENS (OTHER THAN PCP)	1	ĺ			
PAST 30 DAYS PAST 12 MONTHS	3 8	2 7	5 12	7 15	1 3
TRANQUILIZERS				• •	
PAST 30 DAYS	2	2	3	2	1
PAST 12 MONTHS	6	5	9	7	2
BARBITURATES OR OTHER DOWNERS PAST 30 DAYS	2	3	3	3	, [
PAST 12 MONTHS	6	6	8	9	3
OPIATES (OTHER THAN HEROIN)		1.			]
PAST 30 DAYS PAST 12 MONTHS	1	2	2 5	2 6	+ 1
PCP		]	•	v	•
PAST 30 DAYS	1	1	1	3	+
PAST 12 MONTHS	4	4	5	10	1
HEROIN	1	}	,		
PAST 30 DAYS PAST 12 MONTHS	1 2	1 3	1	1	† }
	<u> </u>	1	•	1	+
	L	Ĺ			

<sup>+</sup> LESS THAN HALF OF ONE PERCENT.

TABLE 2

FREQUENCY OF USING DRUG NONMEDICALLY AT
LEAST ONCE A WEEK DURING THE PAST 30 DAYS--TOTAL DOD

(PERCENTAGE OF POPULATION)

	1		SER	VICE	
DRUG TYPES	DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
MARIJUANA/HASHISH	19	23	24	29	10
AMPHETAMINES OR OTHER UPPERS	3	3	5	4	1
COCAINE	2	1	3	3	+
BARBITURATES OR OTHER DOWNERS	) 1	2	1	1	+
HALLUCINOGENS (OTHER THAN PCP)	1	1	2	2	+
TRANQUILIZERS	1	1	1	2	1
OPIATES (OTHER THAN HEROIN)	+	1	1	1	+
PCP	+	+	+	7	+
HEROIN	+	+	+	+	+

<sup>+</sup> LESS THAN HALF OF ONE PERCENT.

TABLE 3

POPULATION USING EACH DRUG--BY PAY GRADE GROUP

(PERCENTAGE)

DRUG TYPE/	7.74			PAY GRADES		
USE PERIOD	TOTAL DOD	E1-E5	E6-E9	W1-W4	01-03	04-06
ANY DRUG USE						
PAST 30 DAYS PAST 12 MONTHS	27 36	38 50	5 9	3 4	<b>4</b> 9	1 2
MARIJUANA/HASHISH		Į				
PAST 30 DAYS PAST 12 MONTHS	26 35	37 49	4 9	3 3	3 8	1
AMPHETAMINES OR OTHER UPPERS	l '					
PAST 30 DAYS PAST 12 MONTHS	6 13	9 19	1	0 0	†	+
COCAINE	}					
PAST 30 DAYS PAST 12 MONTHS	4 11	7 17	†	0 2	+	0 +
HALLUCINOGENS (OTHER THAN PCP)	ł					
PAST 30 DAYS PAST 12 MONTHS	3 8	5 12	+ 1	0 0	+ +	0 +
TRANQUILI ZERS		{				
PAST 30 DAYS PAST 12 MONTHS	2 6	3 8	+ 1	0 +	† 1	0 +
BARBITURATES OR OTHER DOWNERS						
PAST 30 DAYS PAST 12 MONTHS	2 6	3 8	† 1	0 0	† 1	0 0
OPIATES (OTHER THAN HEROIN)						
PAST 30 DAYS PAST 12 MONTHS	1	2 5	+ +	0 0	+	0 +
PCP		ł				
PAST 30 DAYS PAST 12 MONTHS	1 4	1 6	+ +	0	0 +	0
HEROIN				_		
PAST 30 DAYS PAST 12 MONTHS	1 2	1 2	+	0	0	0 +

<sup>+</sup> LESS THAN HALF OF ONE PERCENT.

TABLE 4

POPULATION OF E1-E5'S USING EACH DRUG BY SERVICE

(PERCENTAGE)

DRUG TYPE/	7		SE	RVICE	
USE PERIOD	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
ANY DRUG USE					
PAST 30 DAYS PAST 12 MONTHS	38 50	41 53	48 59	48 61	21 33
MARIJUANA/HASHISH	{	ĺ			
PAST 30 DAYS PAST 12 MONTHS	37 49	40 52	<b>47</b> 58	47 60	20 32
AMPHETAMINES OR OTHER UPPERS	ļ				
PAST 30 DAYS PAST 12 MONTHS	9 19	8 17	15 28	10 25	4 9
COCAINE	į	{			
PAST 30 DAYS PAST 12 MONTHS	7 17	6 15	11 25	10 26	2 8
HALLUCINOGENS (OTHER THAN PCP)		<u> </u>			
PAST 30 DAYS PAST 12 MONTHS	5 12	3 10	7 18	10 21	2 5
TRANQUILIZERS	1	{			
PAST 30 DAYS PAST 12 MONTHS	3 8	3 8	4 13	3 9	1 、
BARBITURATES OR OTHER DOWNERS		Ì			
PAST 30 DAYS PAST 12 MONTHS	3 8	4 8	5 12	4 11	1 4
OPIATES (OTHER THAN HEROIN)		ł			
PAST 30 DAYS PAST 12 MONTHS	2 5	2 6	2 7	2 7	1 2
PCP	1	İ			j
PAST 30 DAYS PAST 12 MONTHS	1 6	2 6	2 7	13	1
HEROIN			•		
PAST 30 DAYS PAST 12 MONTHS	1 2	2 4	1 2	1	i

<sup>+</sup> LESS THAN HALF OF ONE PERCENT.

TABLE 5

POPULATION USING MARIJUANA/HASHISH DURING PAST 30 DAYS (PERCENTAGE)

GEOGRAPHICAL         TOTAL         ARMY         NAVY         MARINE         AIR           CONUS         27         28         34         39         14           FG-15         39         41         48         51         21           FG-16         5         5         6         5         3         14           FG-16         5         5         6         6         5         3         14           FG-16         5         5         6         6         5         3         14           FG-16         5         5         6         6         5         3         14           FG-16         5         2         6         6         5         13         13           FG-16         5         2         2         6         6         5         13           FG-16         5         3         3         3         4         6         6         14           FG-16         6         7         2         2         3         4         4         4         4         4         4         4         4         4         4         4         4 <td< th=""><th></th><th></th><th></th><th>SER</th><th>SERVICE</th><th></th></td<>				SER	SERVICE	
27		TOTAL DOD	ARMY	NAVY	MARINE	AIR FORCE
27	CONUS					
39 41 48 41 48 41 48 41 49 41 49 41 49 41 41 41 41 41 41 41 41 41 41 41 41 41	TOTAL	27	29	34	93	4
23 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	E1-E5	38	4	48	51	2
3 2 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3		ın	ø	9	S.	6
1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	01-03	e	ΙĐ	7	9	8
23	04-06	-	0	0	0	-
23 28 18 27 29 39 27 29 39 39 39 39 39 39 39 39 39 39 39 39 39	EUROPE	•				
33 33 33 33 33 33 33 33 34 35 36 36 36 36 36 36 36 36 36 36 36 36 36	• • • • • • • • • • • • • • • • • • • •	23	28	18	•	13
22 22 24 4 4 2 4 3 2 5 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6 6		33	38	27	*	20
21 20 24 42 36 42		N	m	က	*	-
21 20 2 30 32 30 30 30 30 30 30 30 30 30 30 30 30 30	:	က	φ	0	*	0
21 20 24 36 42 36 42 36 32 36 42 36 32 36 42 36	04-06	0	,	0	•	0
21 20 24 42 36 42 42 36 42 42 36 42 42 36 42 42 36 42 42 36 42 42 36 42 42 42 42 42 42 42 42 42 42 42 42 42	PACIFIC					
32 36 4 4 32 2 2 4 4 4 3 3 3 3 3 3 3 3 3 3 3	TOTAL	21	80	24	78	44
22 2 2 2 4 4 32 2 2 2 2 4 4 4 32 2 2 2 2	E1-E5	35	36	42	36	6
4 32 2 2 2 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3		4	m	ın	<b>4</b> 0	6
2	:	4	ស	g	•	4
22 29 21 4 4 8 33 3 4 4 4 6 6 5 5 6 6 5 5 7 5 8 6 6 7 5 7 6 7 7 7 7 7 7 7 7 7 7 7 7 7 7	04-06	~	0	•	•	4
22 22 29 21 39 33 4 4 4 7 4 7 4 7 4 7 4 7 4 7 4 7 6 6 6 6	OTHER LOCATIONS					
32 33 **  4 8 33 **  66 6 6 6 7 7 7 8 9 8 9 9 9 8 9 9 9 9 9 9 9 9 9 9	TOTAL	22	29	21	*	+3
WORLDWIDE  133  14  15  16  17  18  18  19  19  19  19  19  19  19  19	E1-E5	32	38	33	*	19
MURLDWIDE	E6-E9	4	∞	ന	•	0
WWORLDWIDE 26 28 32 36 47 47 47 47 47 47 47 47 47 47 47 47 47	٠	4	•	•	*	1
MORLDWIDE 26 28 32 36 36 37 40 47 47 47 47 47 47 47 47 47 47 47 47 47	9	0	•	•	•	,
26 28 32 47 47 47 47 47 47 47 47 47 47 47 47 47	TOTAL WORLDWIDE					
27 40 47 47 47 47 47 47 47 47 47 47 47 47 47	T0TAL	56	28	32	36	4
# # # # # # # # # # # # # # # # # # #	E1-E5	37	9	47	47	20
	E6-E9	4	រប	9	D.	~
	W1-W4	6	so.	0		•
-06	01-03	၉	ហ	7	ស	8
	04-06	-	0	0	7	-

- LESS THAN 30 RESPONDENTS. \* NOT APPLICABLE.

TABLE 6

POPULATION USING PCP DURING PAST 30 DAYS (PERCENTAGE)

			SER	SERVICE	
GEOGRAPHICAL REGION/PAY GRADE	TOTAL	ARMY	NAVY	MARINE	AIR FORCE
CONUS					
TOTAL	-	-	-	0	•
E1-E5	7	~	7	4	+
E6-E9	+	*	•	0	0
01-03	0	0	0	0	0
04-06	0	0	0	٥	0
EUROPE					
TOTAL	-	-	•	•	+
E1-E5.	-	-	• •	•	•
E6-E9	0	0	0	•	0
01-03	0	0	0	•	0
04-06	0	,	0	•	0
PACIFIC					
TOTAL	-	-	-	-	0
E1~E5	-	-	<b>-</b> (	7	0
E6-E9	0	0 1	0 (	0	0
01-03	0 (	•	0	ı	0 (
OTHER LOCATIONS	ى د	0	•	1	0
TOTAL	+	+	0	•	0
E1-E5.	0	0	0	•	0
E6-E9	+	-	0	•	0
01-03	0	•	,	•	•
04-06	0	•	,	•	•
TOTAL WORLDWIDE				_	
T0TAL	-	-	-	60	•
E1-E5	-	8	~	•	+
E6-E9.	+	•	<b>+</b>	0	0
W1-W4	0	0	0	•	•
-	0	0	0	0	0
04-06	0	ပ	0	0	0

+ LESS THAN HALF OF ONE PERCENT. - LESS THAN 30 RESPONDENTS. \* NOT APPLICABLE.

MOTE: REGIONAL TOTALS INCLUDE W1-W4'S.

TABLE 7

POPULATION USING HALLUCINGENS (OTHER THAN PCP)
DURING PAST 30 DAYS
(PERCENTAGE)

CONUS   CEGGRAPHICAL   TOTAL   ARMY   NAVY   MARINE   AIR   CORPS   FORCE   CONUS   CORPS   CORPS   FORCE   CONUS   CORPS   FORCE   CORPS				SER	SERVICE	
FEST CONTINUE FOR THE PARTY OF	GEOGRAPHICAL REGION/PAY GRADE	TOTAL	ARMY	NAVY	MARINE	AIR FORCE
### ### #### #### ####################	COMUS					
E6-E5  E6-E9  E6-E9  E6-E9  E7  E7  E7  E7  E7  E7  E7  E7  E7	AL	4	~	y	80	-
F6-F9 01-03		ហ	4	•	=	~
### LOCATIONS  ### ### LOCATIONS  ####  LOCATIONS  ##### LOCATIONS  ##### LOCATIONS  ##### LOCATIONS  ##### LOCATIONS  ###################################		+	0	-	0	0
FILES TOTAL WORLDWIDE TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL WORLDWIDE TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL WORLDWIDE TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL TOTAL WORLDWIDE TOTAL TO	01-03	+ 0	00	00	<del>-</del> c	00
F1-F5 F6-F9	_	>	>	>	>	>
E1-E5  E6-E9  O1-O3  C1-O5  C1		~	8	+	•	-
E6-E9 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03	E1-E5	7	6	+	•	-
D1-03  D4-06  C1FIC  C1	E6-E9	0	0	0	•	0
C14-06 C17-1C C1		0	0	0	*	0
E1-E5 F6-E9	04-06	0	,	0	•	0
E6-E9 101-03 101-04 101-04 101-04 101-04 101-04 101-04 101-03	₹ `	•	·	,	•	•
E6-E9 HER LOCATIONS HER LOCATIONS 1 TOTAL F1-E5		٠ ٦	• 65	v uc		
HER LOCATIONS + 0 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	E6-E9.	•	0	0		• •
HER LOCATIONS  HER LOCATIONS  1		+	0	-	1	0
### ##################################		0	0	•	,	0
E1-E5.  E6-E9.  01-03.  01-04.  01-05.  01-05.  01-05.  01-03.  01-05.	TOTAL	•	67		•	c
E6-E9. 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03 01-03	E1-85	~	4	-	*	0
01-03 04-06 05-06 07-07-07-07-09 07-07-07-09 07-07-07-09 07-07-09 07-09	E6-E9	0	0	0	•	0
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# 1-107 AL	OTAL WORLDWIDE	>	1	)	•	
Q+1-0 m0000	101	6	7	YO.	7	-
+1+0	E1-E5	S.	6	_	ō	7
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	4-06	0	0	0	0	0

LESS THAN HALF OF ONE PERCENT. LESS THAN 30 RESPONDENTS. NOT APPLICABLE.

TABLE 8

POPULATION USING COCAINE DURING PAST 30 DAYS (PERCENTAGE)

A m + 00 4 m + 01 w m - 00 m m - 11 4 m + 0	TOTO
00	

LESS THAN HALF OF ONE PERCENT. LESS THAN 30 RESPONDENTS. NOT APPLICABLE.

TABLE 9

POPULATION USING AMPHETAMINES OR OTHER UPPERS DURING PAST 30 DAYS (PERCENTAGE)

CONUS  CONUS  CONUS  FEGICION/PAY GRADE  CONUS  FOREE  FOREE  FOREE  CONUS  FOREE  CONUS  FOREE  FOREE  FOREE  CONUS  FOREE  FOREE  FOREE  CONUS  FOREE  FOR	GEOGRAPHICAL TOTAL EGION/PAY GRADE DOD AL 7 E5 10 03 00 06 00		7 2 1 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1	MARINE CORPS 111 0	FORCE 6
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LESS THAN HALF OF ONE PERCENT. LESS THAN 30 RESPONDENTS. NOT APPLICABLE.

POPULATION USING TRANGUILIZERS DURING PAST 30 DAYS (PERCENTAGE) TABLE 10

				1	
			SERVICE	10E	
GEOGRAPHICAL REGION/PAY GRADE	TOTAL	ARMY	NAVY	MARZNE	AIR FORCE
CONUS				,	•
TOTAL	7	7	, w	24	
E1-E3	D		4		_
E6-E9	-	+	N	0	0
01-03	•	+	0	0	0
04-06	0	0	0	0	0
EUROPE		-			
T0TAL	7	m	6	*	-
E1-E5	E	4	in.	•	c
E6-E9.	+	0	0	•	-
01-03	o	0	0	•	0
04-06	+		0	•	<b>-</b>
PACIFIC			)		
i	7	8	7	6	-
E1-E5.	0	4	4	6	-
E6-E9	+	0	0	-	0
:	0	0	0	,	0
04-06	0	0	•	,	0
OTHER LOCATIONS					
TOTAL	7	6	6	•	0
£1-£5	၉	4	4	•	0
£6-£9	_	7	0	•	0
01-03	e	1	,	•	•
04-06	0	•	,	•	•
RLOW					
T0TAL	7	8	6	~	-
E1-E5	က	6	4	6	+
E6-E9.	+	+	-	+	+
K1-W4	0	0	0	,	•
01-03	+	•	+	0	0
04-06	c	c	c		0
	)	,	)	•	

+ LESS THAN HALF OF ONE PERCENT.
- LESS THAN 30 RESPONDENTS.
• NOT APPLICABLE.

POPULATION USING BARBITURATES OR OTHER DOWNERS DURING PAST 30 DAYS (PERCENTAGE) TABLE 11

CONUS TOTAL REGION/PAV GRADE DOD CONUS TOTAL E1-E5 E0-E9 TOTAL TOT	M	Y	MARINE CORPS 3 4 4 0 1 0	PARCE COO CO
	000-0 m4001	mm-00 am00	m <b>4</b> 0 − 0	00000
	MWOO M4001	mm-00 00000	m <del>4</del> 0 - 0 + + + +	00000
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TOTAL		<b>n</b>	, co	<b>-</b>
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: : : : : : : : : : : : : : : : : : : :		-	0	0
W1-W4	0	0		<b>=</b> 1
-03	-	0	-	0
04-060	•	0	0	0

LESS THAN HALF OF ONE PERCENT. LESS THAN 30 RESPONDENTS. NOT APPLICABLE.

POPULATION USING HEROIN DURING PAST 30 DAYS (PERCENTAGE) TABLE 12

			SER	SERVICE	
GEOGRAPHICAL REGION/PAY GRADE	TOTAL	ARMY	NAVY	MARINE	AIR FORCE
COMUS					
TOTAL	-	-	_	+	+
E1-E5	-	-	_	+	+
E6-E9	+	0	+	0	٥
01-03	0	0	0	0	0
04-06	0	•	0	0	0
EUROPE	•	(		,	
TOTAL	7	m ·	0	•	<b>-</b>
	n (	<b>4</b> (	0 (	•	- (
מפיים מיים מיים מיים מיים מיים מיים מיים	0	0	0	•	0
01-03	0	0	0	•	0
	٥	•	0	•	0
PACIFIC					
TOTAL	+	-	-	+	+
m-	-	-	-	<b>+</b>	+
E6-E9	0	0	0	0	0
01-03	0	0	0	1	0
40 E	0	0	•	•	0
OTHER LOCATIONS					
TOTAL	•	0 (	Q (	• •	<b>+</b> ·
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TOTAL WORLDWIDE	>		1	)	1
	-	-	-	•	•
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E6-E9	•	0	•	•	0
W1-W4	0	0	0		•
_	0	0	0	0	0
04-06	0	0	0	0	0

LESS THAN HALF OF ONE PERCENT. LESS THAN 30 RESPONDENTS. NOT APPLICABLE.

NOTE: REGIONAL TOTALS INCLUDE W1-W4'S.

POPULATION USING OPIATES (OTHER THAN HEROIN)

DURING PAST 30 DAYS

(PERCENTAGE)

EDGRAPHICAL TOTAL ARMY NAVY NAVY TON/PAY GRADE DOD ARMY NAVY NAVY OCATIONS  DOCATIONS  DRUDWIDE  DOCATIONS  DRUDWIDE  DOCATIONS  DOC				SER	SERVICE	
MUS.  FOTAL.  FOTAL.  FOTAL.  A4-06  A1-03  A1-05  A1-05  A1-05  A1-06  A1-07  A1-06  A1-06  A1-06  A1-06  A1-06  A1-06  A1-06  A1-06  A1-07  A1-06		TOTAL DOD	ARMY	NA V	MARINE	AIR FORCE
FILES FOTAL	ONUS					
E1-ES  E6-E9  A2-O6  A2-O6  A2-O6  A2-O6  A3-O6  A3	TOTAL	-	-	8	7	+
FG-F9  101-03	E1-E5	8	8	7	7	-
24-06 24-06 25-06 25-06 26-06 27-06 27-06 27-07	E6-E9	+	•	÷	•	0
24-06 200PE 200PE 2101AL 22 33 24-06 31-03	01-03	*		0	<b>-</b>	0
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E6-E9 31-03	TOTAL	·	·	•	•	•
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01-03 04-06 01FTC 01AL 01-03 1-03 1-03 1-03 1-03 1-03 00 00 00 00 00 00 00 00 00	E6-E9			0	•	. 0
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FILES.	PACIFIC					
E1-E5. 2 3 66-E9 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	TOTAL	-	7	2	7	-
66-E9 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	E1-E5	8	6	6	7	-
11-03 34-06 101-01	E6-E9	0	0	0	0	0
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66-E9. 31-03-00. 34-06. 00. 1-07-06. 11.22. 12.22. 13.23.	TOTAL	- •	- •	• •	•	+ +
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2 2	TOTAL	-	8	8	7	•
	E1-E5	7	~	8	7	-
+ + + · · · · · · · · · · · · · · · · ·	E6-E9	+	-	+	*	0
1-W4	W1-W4	0	0	0	,	•
1-03	-	+	-	0	-	0
<u> </u>	4-06	0	0	0	0	0

+ LESS THAN HALF OF ONE PERCENT.
- LESS THAN 30 RESPONDENTS.
\* NOT APPLICABLE.

NOTE: REGIONAL TOTALS INCLUDE W1-W4'S.

#### Drug Dependence

For the purpose of this analysis, a person is defined as having been physiologically drug dependent during the past 12 months if he or she falls in one or more of the following categories:

- 1. Used one of the following drugs nonmedically at least five times per week during the past 30 days: barbiturates/other downers, heroin, or other opiates.
- 2. Experienced sickness (i.e., withdrawal symptoms)
   because use of addictive drugs was stopped;
   symptoms include: "runny nose or eyes," "flushed
   or sweaty," "chills," "nausea or vomiting,"
   "stomach cramps," "diarrhea," "muscle pains,"
   etc.
- 3. Was detoxified because of drug use.

For the purpose of this analysis, a person is classified as psychologically drug dependent who experiences sickness (i.e., withdrawal symptoms) because he or she stopped use of one or more non-addictive drugs; the symptoms are the same as defined earlier for physiological addiction.

From the results obtained, it is estimated that 3 percent of DOD junior enlisted personnel were physiologically drug dependent and that a total of 4 percent were physiologically or psychologically drug dependent at some time during the preceding 12 months. The percentage of El-E5's who were drug dependent is depicted in Table 14.

TABLE 14

# DRUG DEPENDENCE (PERCENTAGE OF E1~E5 POPULATION)

	TOTAL		SERV	/ICE	
TYPE OF DEPENDENCE	DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
PHYSIOLOGICAL	3	4	3	4	1
PHYSIOLOGICAL AND/OR PSYCHOLOGICAL	4	5	4	5	1

#### Consequences of Drug Use

The respondents were asked to indicate whether each of two consequences of nonmedical drug use had occurred during the past 12 months. Table 15 shows that 19 percent of the junior enlisted respondents reported suffering at least one of the consequences during the preceding 12 months.

TABLE 15

SELECTED CONSEQUENCES OF DRUG USE
(PERCENTAGE OF E1-E5 POPULATION)

CONCEOURNOR	TOTAL		SER	VICE	
CONSEQUENCE	DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
USED MORE DRUGS THAN PLANNED	10	9	13	14	6
HIGH MORE THAN 1 DAY AT A TIME	17	16	22	24	9
TOTAL WITH ANY OF THE 17 CONSEQUENCES	19	18	25	27	11

The respondents were also asked to indicate whether each of 15 physical, social or work consequences had occurred because of their use of drugs during the past 12 months. Ten percent of the junior enlisted personnel reported suffering at least one of the 15 consequences during that period (Table 16).

Junior enlisted personnel who reported one or more of the 17 consequences  $^{\rm l}$  experienced them a median of three times.  $^{\rm 2}$ 

This analysis combines both groups of consequences.

<sup>&</sup>lt;sup>2</sup>A person experiencing consequences (say) three times could have experienced one consequence three times, three different consequences one time each, or another combination.

TABLE 16

SPECIFIC CONSEQUENCES OF DRUG USE DURING PAST 12 MONTHS

(PERCENTAGE OF E1-E5 POPULATION)

		}	SERVI	CE	
CONSEQUENCES	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
ILLNESS KEPT FROM DUTY 1 WEEK OR LONGER	2	3	1	2	•
DIDN'T GET PROMOTED	3	4	3	5	1
GOT LOWER SCORE ON EFFICIENCY OR PERFORMANCE REPORT	3	3	3	5	1
RECEIVED JUDICIAL OR ARTICLE 15 PUNISHMENT	4	5	4	5	2
ARRESTED FOR DRIVING AFTER USING DRUGS	1	2	1	2	1
ARRESTED FOR NON-DRIVING DRUG INCIDENT	4	4	4	6	2
INCARCERATED DUE TO DRUG USE	2	ı	2	3	1
HURT IN ACCIDENT CONNECTED WITH DRUG USE	2	2	2	2	+
DRUG USE CAUSED ACCIDENT WHERE OTHERS HURT OR PROPERTY DAMAGED	1	1	2	2	1
SPOUSE THREATENED TO LEAVE	2	2	2	2	1
HIT SPOUSE OR CHILDREN	1	1	1	1	+
SPOUSE LEFT	1	1	1	1	+
ENTERED REHABILITATION OR TREATMENT PROGRAM	2	2	1	2	2
ATTENDED TRAINING OR EDUCATION PROGRAM	2	3	1	3	1
DETOXIFIED	1	1	1	1	+
TOTAL WITH ANY CONSEQUENCES <sup>a</sup>	10	11	13	15	5

<sup>\*</sup>PERCENTAGE OF POPULATION REPORTING AT LEAST ONE OF THE CONSEQUENCES DURING THE PAST 12 MONTHS.

<sup>+</sup> LESS THAN ONE-HALF OF ONE PERCENT.

#### Work Impairment

Turning now to a more specific focus on work impairment because of drug use, four types of work impairment are considered: (1) "lowered performance," (2) "late for work or left early,: (3) "did not come to work," and (4) "high while working."

The type of work impairment most frequently reported by junior enlisted personnel was "high while working" (19 percent); nearly one-half of the El-E5 respondents indicating this had occurred reported experiencing this on 40 or more days during the preceding 12 months. Substantially lower proportions of El-E5 respondents reported other work impairments, as shown in Table 17, and nearly all of them also reported being "high while working."

TABLE 17

WORK IMPAIRMENT BECAUSE OF DRUG USE (PERCENTAGE OF E1-E5 POPULATION)

	TOTAL		SE	RVICE	
TYPE OF IMPAIRMENT	DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
LOWERED PERFORMANCE	10	12	15	13	3
LATE FOR WORK/LEFT EARLY	6	8	8	8	2
DID NOT COME TO WORK	4	6	4	5	1
HIGH WHILE WORKING	19	21	26	25	8
TOTAL WITH ANY IMPAIRMENT	21	22	28	28	9

## Section 3: ALCOHOL USE--PREVALENCE AND CONSEQUENCES AMONG MILITARY PERSONNEL

#### Prevalence of Alcohol Use

The percentage of the population that drank any alcohol during the past 30 days is depicted in Table 18.

TABLE 18

POPULATION USING ALCOHOL DURING PAST 30 DAYS
(PERCENTAGE)

·			SE	RVICE	
PAY GRADE GROUP	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
TOTAL WORLDWIDE	83	80	86	86	82
E1-E5	83	81	88	86	82
E6-E9	77	75	78	83	78
W1-W4	76	76	80	***	*
01-03	83	80	88	91	82
04-06	91	92	94	84	90
	1	l			

- LESS THAN 30 RESPONDENTS.
- \* NOT APPLICABLE.

The principal point derived from these data is that most military personnel (83 percent) drank at least occasionally. In general, the highest prevalence of drinking any alcohol was recorded by senior officers, followed by junior officers and junior enlisted personnel, senior enlisted personnel and, warrant officers.

For all respondents worldwide, beer was the most commonly consumed beverage; it was drunk by 73 percent of all military personnel at least once within the past 30 days, and by about one-fourth (26 percent) at least three times a week. Hard liquor (including mixed drinks) was consumed by about one-half of the respondents (51 percent) within the past 30 days, but only 8 percent drank hard liquor as often as three times a week. Wine was the least frequently consumed beverage: only 35 percent of the military personnel had drunk any wine during the past 30 days, and only 4 percent had done so as often as three times a week.

Regional differences in drinking patterns are generally slight with the exception that consumption of wine is more prevalent in Europe than in other regions.

#### Heavy Drinking

We define "heavy drinking" as consumption of eight or more drinks in a single day. Table 19 shows that beer was the beverage that was heavily consumed by the most respondents. On a typical day in which beer was consumed, 8 percent drank eight or more "drinks" (a "drink" is one 12 ounce can, bottle or glass). Heavy drinking of wine was rarely reported, (a "drink" is one four ounce glass), but heavy drinking of hard liquor was reportedly nearly as common as heavy drinking of beer; 6 percent of all respondents reported consuming eight or more drinks of hard liquor on a typical drinking day during the past 30 days.

TABLE 19

# QUANTITY CONSUMED ON A TYPICAL DRINKING DAY DURING PAST 30 DAYS--WORLDWIDE TOTAL

#### (PERCENTAGE OF POPULATION)

			S	ERVICE	
BEVERAGE/ FREQUENCY	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
BEER 8-11 DRINKS	5	5	7	7	3
12 OR MORE DRINKS	5 3	3	5	4	ĭ
WINE				•	
8-11 DRINKS 12 OR MORE DRINKS	1	1	1	1	ĭ
HARD LIQUOR		,	<b>-</b>	6	2
8-11 DRINKS 12 OR MORE DRINKS	2	3 2	5 3	6 2	1

#### + LESS THAN HALF OF ONE PERCENT

Heavy drinking was reported almost exclusively by enlisted personnel. Twelve percent of E1-E5's and 4 percent of E6-E9's worldwide reported heavy drinking of beer; only 1 percent of each enlisted group reported heavy drinking of wine. The comparable figures for hard liquor were: E1-E5's, 8 percent;

E6-E9's, 3 percent. Only about 1 percent or less of each officer or warrant officer group worldwide reported heavy drinking of any beverage.

The preceding discussion was concerned with typical drinking during the past 30 days. Now we focus on the frequency that a person engaged in heavy drinking during the past 12 months. Table 20 shows that 21 percent of all respondents reported they had engaged in heavy drinking of beer at least one a week during the past 12 months; the comparable figures for wine and hard liquor were about 5 percent and 11 percent, respectively.

TABLE 20

# HEAVY DRINKERS 1--WORLDWIDE TOTAL (PERCENTAGE OF POPULATION)

			S	ERVICE	
BEVERAGE	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
BEER	21	22	25	28	13-14
WINE	5-6	8	5-6	7	3-4
HARD LIQUOR	11	12	14	13	7-8

DEFINED AS A PERSON WHO DRANK EIGHT OR MORE 12 OUNCE CANS, GLASSES, OR BOTTLES OF BEER; EIGHT OR MORE FOUR OUNCE GLASSES OF WINE; OR EIGHT OR MORE DRINKS OF HARD LIQUOR IN A SINGLE DAY AT LEAST ONCE A MONTH DURING THE PAST 12 MONTHS.

The worldwide patterns of heavy drinking by pay grade group are as described previously for typical drinking, but the rates are higher. Heavy drinking was rarely reported by officers or warrant officers. Twenty-eight percent of El-E5's and about 10 percent of E6-E9's reported heavy drinking of beer; the comparable figures for wine were 8 percent and about 1 percent of the El-E5's and E6-E-9's, respectively. Fourteen percent of the El-E5's and about 5 percent of E6-E9's reported heavy drinking of hard liquor.

#### Adverse Physiological Effects

There is compelling evidence that a person consuming a daily average of five ounces or more of ethanol during a year is at high risk of developing severe medical problems (e.g., cirrhotic or precirrhotic conditions). Based on this threshold of presumptive harm, 7.9 percent of all DOD respondents are at high risk. Table 21 depicts the data by Service and pay grade group.

TABLE 21

POPULATION AT HIGH RISK FOR SEVERE MEDICAL PROBLEMS
(PERCENTAGE)

			SE	RVICE	
PAY GRADE GROUP	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
TOTAL E1-E5 E6-E9 W1-W4 O1-O3 O4-O6	7.9 10.9 3.1 0.2 0.7 0.6	9.2 12.2 4.9 0 1.5	9.9 13.9 2.7 1.0 0.1	10.1 12.9 2.6 0.9 2.4	3.6 5.3 1.3 * 0.4 1.0

<sup>-</sup> LESS THAN 30 RESPONDENTS.

#### Alcohol Dependence

For the purpose of this analysis, a person is defined as "alcohol dependent" who, during the preceding 12 month period, experienced one or more of the following symptoms during at least 48 of the 52 weeks: (1) tremors (shakes), (2) morning drinking, (3) impaired control, and (4) blackouts.

It is estimated that 7 percent of the military personnel worldwide were alcohol dependent during the preceding 12 months (Table 22). Alcohol dependency occurred predominantly among junior enlisted personnel (10 percent) and senior enlisted personnel (3 percent); it was rare among warrant officers and commissioned officers.

<sup>\*</sup> NOT APPLICABLE.

Five ounces of ethanol is equivalent to approximately ten 12 ounce cans of beer, ten four ounce glasses of wine, or seven drinks of hard liquor (at 1.7 ounces of hard liquor per drink).

TABLE 22
ALCOHOL DEPENDENCE DURING PAST 12 MONTHS

#### (PERCENTAGE OF POPULATION)

		SERVICE			
'PAY GRADE GROUP	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
TOTAL	7	8	9	11	4
E1-E5	10	11	12	14	5
E6-E9	3	3	5	4	2
Wl-W4	+	0	0	-	*
01-03	1	1	+	5	+
04-06	+	0	1	1	1

- + LESS THAN HALF OF ONE PERCENT.
- \* NOT APPLICABLE.
- LESS THAN 30 RESPONDENTS.

The patterns shown are quite consistent with the heavy drinking patterns discussed previously. This is to be expected because of the substantial correlation between heavy drinking and alcohol dependency.

#### Consequences of Alcohol Use

The respondents were asked to indicate whether each of two consequences of alcohol use had occurred during the past 12 months. Table 23 shows that 23 percent of all respondents reported suffering at least one of the consequences.

TABLE 23

### SELECTED CONSEQUENCES OF ALCOHOL USE DURING PAST 12 MONTHS

#### (PERCENTAGE OF POPULATION)

CONSEQUENCE/	TOTAL	SERVICE				
PAY GRADE	DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE	
BECAME DRUNK WITHOUT PLANNING TO	20	16	25	23	18	
DRUNK MORE THAN ONE DAY AT A TIME	11	10	16	16	6	
TOTAL WITH EITHER CONSEQUENCE	23	19	31	29	20	

Junior enlisted personnel were the most likely to suffer at least one consequence, followed in turn by senior enlisted personnel, junior officers, senior officers, and warrant officers.

The respondents were also asked to indicate whether each of 15 physical, social, or work consequences had occurred because of their alcohol use during the past 12 months. Eleven percent reported suffering at least one of the 15 consequences during that period (Table 24).

Among those who reported that any of the 17 consequences had occurred, they had occurred a median of three times.

#### Work Impairment

The percentage of the population reporting work impairment because of their alcohol use during the preceding 12 months is shown in Table 25. "Lowered performance" was the type of work impairment most frequently reported; it was reported by 22 percent of the total respondents and by 26 percent of E1-E5's and this occurred a median of two to three times. The figures on "total with any impairment" generally follow the patterns of heavy drinking discussed earlier. The patterns of impairment by pay grade group are in the following rank order by percentage suffering impairment: E1-E5's, E6-E9's, O1-O3's, O4-O6's, and W1-W4's.

<sup>&</sup>lt;sup>1</sup>This analysis combines the two groups of consequences.

TABLE 24

•

CONSEQUENCES OF ALCOHOL USE DURING PAST 12 MONTHS--TOTAL DOD (PERCENTAGE OF POPULATION)

CONSEQUENCE   DOD   ARMY   MAVY   MARINE   AIR   CORPS   FORCE		TOTAL		SER	SERVICE	
### ### ##############################	CONSEQUENCE	000	ARMY	NAVY	MARINE	AIR FORCE
1 WEEK OR LONGER	ľ					
NOT GET PROMOTED.  LOWER SCORE ON EFFICIENCY  LOWER SCORE ON EFFICIENCY  LOWER PERFORMANCE REPORT.  LO		64	7	8	7	-
DE PERFORMANCE REPORT.  1 VED JUDICIAL OR  CLE 15 PUNISHMENT.  2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3		~	<b>~</b>	-	m	-
1VED JUDICIAL OR  CLE 15 PUNISHMENT	OR PERFORMANCE REPORT	71	8	e	4	-
STED FOR DRIVING  STED FOR DRIVING  STED FOR NON DRIVING  STED FOR NON DRIVING  STED FOR NON DRIVING  STED FOR NON DRIVING  STEED FOR NON DRIVING  STED FOR NON DRIVING  STEED FOR NON PROGRAM  STEED FOR STAINING  STEED FOR STAINI					,	
# FTER DRINKING	ARTICLE 15 PUNISHMENT	~	ო	~	m	<b>-</b>
STED FOR NON DRIVING  SALIMATING INCIDENT	AFTER DRINKING	n	ო	6	10	8
DRINKING INCIDENT	ARRESTED FOR NON DRIVING					
ACERATED DUE TO DRINKING		n	က	6	₹	-
IN ACCIDENT  IN ACCIDENT  CONNECTED WITH DRINKING	REPATED DUE	<b>с</b>	7	•	S.	-
KING CAUSED WITH DRINKING	HURT IN ACCIDENT					
WHERE OTHERS HURT OR WHERE OTHERS HURT OR WHERE OTHERS HURT OR PROPERTY DAMAGED	CONNECTED WITH DRINKING	n	n	4	•	<b>-</b>
PROPERTY DAMAGED.  SE THREATENED TO LEAVE.  SPOUSE OR CHILDREN.  SE LEFT.  THE PROGRAM.  SE NET MENTION  TO THE STANDING.  SOUR EDUCATION PROGRAM.  SOURCE DUCATION PROGRAM.  LA WITH ANY  CONSEQUENCE 1/.	DRINKING CAUSED ACCIDENT			_		
SE THREATENED TO LEAVE   2   2   2   3   4   4   4   4   4   4   4   4   4	PRUPERTY DAMAGED	~	7	n	6	
SPOUSE OR CHILDREN	SPOUSE THREATENED TO LEAVE	~	~	~	ü	-
- 0 0		<u>-</u>	-	•	8	-
2 2 - 1		-	-	•	-	•
a a- ±	ENTERED REHABILITATION					
ATTENDED TRAINING OR EDUCATION PROGRAM	OR TREATMENT PROGRAM	~	a	7	a	-
DETOXIFIED	ATTENDED TRAINING		•	•	_	_
TOTAL WITH ANY CONSEQUENCE 1/	OR EDUCATION PROGRAM	N -	7	7	6	_
CE 1/	DETOXIFIED	-	_	-	-	<b>+</b>
-1	į	;		:	·;	•
	-1	:	•	<u>:</u>		

1/ PERCENTAGE OF POPULATION WITH AT LEAST ONE OF THE CONSEQUENCES DURING THE PAST 12 MONTHS. + LESS THAN HALF OF ONE PERCENT.

TABLE 25

WORK IMPAIRMENT BECAUSE OF ALCOHOL USE DURING PAST 12 MONTHS

(PERCENTAGE OF POPULATION)

		SERVICE			
IMPAIRMENT/ PAY GRADE	TOTAL DOD	ARMY	NAVY	MARINE CORPS	AIR FORCE
LOWERED PERFORMANCE					
TOTAL	22	19	30	29	17
E1-E5	26	23	34	32	19
E6-E9	17	13	22	22	14
W1-W4	9	4	12	-	*
01-03	15	12	28	20	10
04-06	10	7	8	14	14
LATE FOR WORK OR		] 			
LEFT EARLY		١.,			10
TOTAL E1-E5	13 16	13	17 21	16 17	10 12
E6-E9	9	9	10	15	7
W1-W4	2	2	Õ	-	*
01-03	7	8	ğ	5	5
04-06	4	li	7	8	5
DID NOT COME TO WORK					
TOTAL	5	6	5	5	2
E1-E5	6	8	7	6	2
E6-E9	2	2	3	3	2
W1-W4	1	1	0	-	*
01-03	0	0	0	2	0
04-06	1	0	0	0	2
DRUNK/HIGH WHILE WORKING	; ; }				
TOTAL	11	111	16	15	6
E1-E5	15	16	21	19	7
E6-E9	5	4	- <del>-</del> -	7	3
W1-W4	1	1	Ö	-	*
01-03	3	2	6	1	2
04-06	3	0	7	0	3
TOTAL WITH ANY	}	}			
IMPAIRMENT	0.7	1	25	24	20
TOTAL	27	24	35 40	34	20
E1-E5	31 19	29 16	40 25	38 2 <b>5</b>	24 16
E6-E9	9	16	2 <b>5</b> 12	-	* 7.0
W1-W4	17	15	29	21	12
01-03	12	1 7	14	15	15
04-06	1 1	<u> </u>			

<sup>-</sup> LESS THAN 30 RESPONDENTS.

<sup>\*</sup> NOT APPLICABLE.

<sup>+</sup> LESS THAN HALF OF ONE PERCENT.

## Section 4: COMPARISON OF DRUG AND ALCOHOL PREVALENCE AMONG MILITARY AND CIVILIAN POPULATIONS

This analysis is restricted to the subpopulation at highest risk for nonmedical drug use in both military and civilian populations: persons 18 through 25 years of age. The data have been standardized with respect to the variables that are most closely correlated with nonmedical drug use: sex, age, marital status, and education. Standardization with respect to these variables serves to provide prevalence rates that are not biased by the differences in occurrence of these characteristics in the two populations. The specific procedures employed to standardize the data and the limitations in the analysis are described in the main report.

Table 26 shows the prevalence of nonmedical drug use among military personnel and comparable civilians, ages 18 through 25. Prevalence of current nonmedical drug use for military personnel is slightly lower or equal to civilian use for all drug types analyzed, with the exception of amphetamines or other uppers. Prevalence of annual use is lower for military personnel than civilians with respect to four drug types and higher than civilians for three drug types. There is, thus, no general pattern of nonmedical drug use being more prevalent for military personnel than civilians.

Regarding alcohol use, slightly higher proportions of military personnel than civilians drank at all during the past 30 days and the past year.

TABLE 26

#### PREVALENCE OF NONMEDICAL DRUG USE AND ALCOHOL USE AMONG MILITARY PERSONNEL AND COMPARABLE CIVILIANS--AGES 18-25 (PERCENTAGE OF 18-25 YEAR OLD POPULATION)

ТҮРЕ	MILITARY (n= 8224)	COMPARABLE 1 CIVILIANS (n= 2022)
MARIJUANA/HASHISH		
PAST 30 DAYS	40	42
PAST 12 MONTHS	52	54
AMPHETAMINES OR OTHER UPPERS		
PAST 30 DAYS	10	4
PAST 12 MONTHS	21	12
COCAINE		
PAST 30 DAYS	7	10
PAST 12 MONTHS	18	23
HALLUCINOGENS		
PAST 30 DAYS	5	5
PAST 12 MONTHS	13	12
BARBITURATES OR OTHER DOWNERS		
PAST 30 DAYS	4	4
PAST 12 MONTHS	9	10
TRANQUILIZERS		·
PAST 30 DAYS	3	3
PAST 12 MONTHS	9	12
HEROIN		
PAST 30 DAYS	1	1
PAST 12 MONTHS	3	1
ALCOHOL		
PAST 30 DAYS	84	82
PAST 12 MONTHS	93	90

DATA STANDARDIZED WITH RESPECT TO SEX, AGE, MARITAL STATUS, AND EDUCATION. BASED ON SPECIAL TABULATIONS FROM THE 1979 NATIONAL SURVEY ON DRUG ABUSE.

### TECHNICAL NOTE

This technical note contains a description of the sample design, the confidence limits, and the number of respondents.

### Sample Design

The DOD stipulated that a sample be drawn of all active duty military personnel throughout the world from which reliable estimates of drug and alcohol use could be made with known degrees of error for each of the Military Services, for five pay grade groupings, and for three main geographical regions and "Other Locations." It was further stipulated that the response rate among sampled personnel be 80 percent or higher, without replacements.

Because of budgetary and time constraints, it was not possible to survey every servicemember in each of the more than 300 locations throughout the world. These considerations dictated a design that sampled both personnel and locations by probability means. A stratified multistage probability sample was subsequently developed and implemented. Both sites and personnel were randomly selected. Differential personnel sampling rates were used to obtain sufficient sample sizes in the various respondent subgroups. Sample weighting procedures were applied to put the complete respondent sample into balance; these are described in the main report.

The final sample size required for each Service by geographical region is shown in Table 27. The sample was composed of 19,582 military personnel stationed at 81 installations. As shown in Table 28, the survey respondents were predominately male, white and between the ages of 18 through 25. As indicated also, the sample was very representative of all DOD personnel, worldwide, with respect to the characteristics shown. The population represented by the sample is depicted in Tables 29 and 30.

At each survey site, a random sample was drawn from the most current listing of all personnel assigned to the installation. The random selection was made from all personnel

An installation was composed of all permanent parent and tenant units at a base, post, camp, station or ships in a designated location.

<sup>&</sup>lt;sup>2</sup>The detailed sample selection procedures were designed to accommodate unique Service personnel accounting systems and local capabilities to produce the random sample.

TABLE 27

### SAMPLE ALLOCATION

REGION	NO. SITES	SAMPLE
ARMY CONUS EUROPE PACIFIC OTHER	(19) 8 4 5 2	(6,239) 3,026 1,320 1,548 345
NAVY CONUS EUROPE PACIFIC OTHER	(30) 17 5 7 1	(5,202) 3,202 600 1,174 226
MARINE CORPS CONUS PACIFIC	(10) 7 3	(2,861) 1,917 944
AIR FORCE CONUS EUROPE PACIFIC OTHER	(22) 11 5 5 1	(5,280) 2,464 1,066 1,284 466
TOTAL CONUS EUROPE PACIFIC OTHER	(81) 43 14 20 4	(19,582) 10,609 2,986 4,950 1,037

TABLE 28

## DEMOGRAPHIC CHARACTERISTICS OF SURVEY RESPONDENTS AND ALL DOD MILITARY PERSONNEL

### (PERCENTAGE OF POPULATION)

CHARACTERISTIC	TOTAL SURVEY	DOD ACTUAL
SEX MALE FEMALE	91 9	92 8
RACE/ETHNIC WHITE/CAUCASIAN AFRO AMERICAN/BLACK HISPANIC ORIENTAL/ASIAN/PACIFIC ISLANDER AMERICAN INDIAN/ALASKAN NATIVE OTHER	71 18 5 3 1	73 19 4 1 2
MARITAL STATUS MARRIED NOT MARRIED	53 47	52 48
AGE 17 OR UNDER 18-25 26-29 30-34 35-39 40 OR OVER	1 55 15 13 10 6	1 56 14 13 10 6

<sup>1</sup> MARCH 1980: DEFENSE MANPOWER DATA CENTER.

TABLE 29
POPULATION REPRESENTED BY THE SAMPLE

GEOGRAPHICAL	TOTAL		SER	SERVICE	
REGION/PAY GRADE	000	ARMY	NAVY	MARINE CORPS	AIR FORCE
CONUS					
TOTAL	1,393,269	454, 158	416,283	128,951	393,878
E1-E5	924,659	304,537	282,565	95,412	242, 146
E6-E9	251,356	77,221	85,085	18,951	10.09
K1-K4	14,498	9,066	3,091	2,341	•
01-03	126,085	39,207	28, 121	8,243	50,514
<b></b>	76,671	24, 127	17,421	4,004	31, 115
FUROPE				,	•
TOTAL	287,004	190,205	21,625	*	75,174
E1-E5	194,521	131,295	13,485	•	
E6-E9	63,700	42,299	4,467	•	16,934
W1-W4	2,979	2,713	267	•	•
01-03	16,879	9,407	1,976	*	5,497
04-06	8.924	4.491	•	•	3,002
PACIFIC					
TOTAL	165,471	36,263	45,596	39,388	44,224
E1-E5	103,543	19,225	24,553	29.281	30.484
E6-E9	40,275	11,252	13,211	6,531	9,281
M1-N4	2,000	802	851	347	•
01-03	11.668	2,692	3,464	2,425	3,086
04-06	7.984	2,291	3,517		1,374
OTHER LOCATIONS					
TOTAL	44,023	18,388	14.892	•	10,744
E1-E5	29.170	13, 159	8,667	•	7.344
E6-E9	9.595	3,093	4.250	•	2,251
W1-W4	625	352	273	*	•
01-03	2.881	1,160	911	•	8 10
04-06		624	790	*	339
TOTAL	1,889,766	699,013	498,395	168,338	524,020
E1-E5	1,251,893	468,216	329,269	124,693	329,715
E6-E9	364,926	133,866	107,013	25,482	98,564
W1-W4	20, 103	12,933	4,482	2,688	•
01-03	157.512	52,465	34.472	10.668	59,907
	-			-	100

. NOT APPLICABLE.

TABLE J

ŗ

POPULATION OF E1-E5's REPRESENTED BY SAMPLE

			SERVICE	'ICE	
GEDGRAPHICAL REGION	TOTAL	ARMY	NAVY	MARINE	A1R FORCE
CONUS					
T0TAL	924,659		282,565	95,412	242,146
EAST	608,118	234	217,530	39,228	116,664
WEST	316,542		65,035	56, 184	125, 422
TOTAL	194.521	131.295	13, 485	•	49.741
CERMANY	155,380	131, 295	•	•	24,085
ITALY	7.477	•	7.477	*	•
ENGLAND	14,282	*	653	*	13,629
SPAIN	17,382	•	5,355	•	12,028
PACIFIC					
101AL	103,543	_	24.553	29, 281	30,484
HAWAII	29,426	5.628	10, 135	10.477	3, 186
UAPAN	40,576		5,994	18.805	12.187
KOREA	18,943	_	*	*	8,936
PHILIPPINES	-	*	3,995	*	6,175
GUAM	4,429	•	4.429	•	•
OTHER LOCATIONS			1		•
101AL	29, 170	13, 159	8,667	•	7,344
PANAMA CANAL	5.976	5,976	*	•	•
ALASKA	14,527	7, 183	*	•	7,344
GUANTANAMO BAY	8.667	•	8,667	•	•
TOTAL WORLDWIDE	1,251,893	468,216	329,269	124,693	329,715
- 1					

. NOT APPLICABLE.

in pay grades El through O6 of the one designated Service permanently assigned to organizations included in the specified installation. The last two digits of the individual's Social Security Account Number were used as the device for random selection of the respondents. Not included in the population base from which a sample was drawn were those personnel in recruit or basic training and those personnel in units known or expected to be at sea or deployed away from the installation at the time of the questionnaire administration. Personnel selected for the sample could be excused from questionnaire administration only for the following authorized reasons:

- . on leave from the parent organization
- . on temporary duty away from the installation
- . absent without leave
- . assigned a permanent change of station
- . separated from the Service

Absences for any other reason were designated as "no-shows."

It is well known that a survey based on samples of a population can only approximate the level of accuracy that would be obtained if it were possible for the entire population to participate in the survey. Because of this, there is a need to know the precision of the estimates from a particular sample survey. The 95 percent confidence limits for any percentage estimate reported in this volume are provided later in this Technical Note. These confidence limits are particularly important where estimates are given for subgroups of the population. The reader should be aware that those subgroups with relatively few cases will have relatively greater margins of error than those subgroups with a larger number of respondents. This notably includes subgroups of officers and warrant officers. Regional data on officers should be viewed with particular caution, because of the small number of respondents in those subgroups. The number of respondents in each subgroup is depicted in Tables 31 and 32.

### Confidence Limits and Significance of Differences

An important issue in all prevalence surveys based on data obtained from samples of a population is the extent to which one can be confident that the prevalence estimates obtained accurately reflect the true prevalence for the entire population. That is, if every servicemember responded to the questionnaire, would the prevalence rate be substantially different from that obtained from the sample of personnel surveyed?

For any particular percentage given in the prevalence

TABLE 31

NUMBER OF RESPONDENTS

コミンドに して とうついう	TOTAL		SERV	SERVICE	
REGION/PAY GRADE	000	ARMY	NAVY	MARINE	AIR
CONUS					
TOTAL	8,286	2,345	2.802	1.194	1.945
£1-E5	•	ຫຼ	•	873	1,130
:		527	635	188	367
	74	38	23	9	*
:	624	165	152	67	240
04-06	396	73	63	50	208
EUROPE					
TOTAL	2,329	923	557	*	849
E1-E5	ĸ.	099	361	•	526
•	4	175	128	•	173
•		14	4	•	•
01-03	163	46	32	•	85
•		28	32	•	9
PACIFIC					
TOTAL	3.766	1.076	1.084	624	982
E1-E5	2.5	629	738	478	656
٠	<b>6</b> 0	283	245	94	214
W-W4		6	t E	S.	•
01-03	223	69	53	53	99
04-06	139	46	58	48	46
OTHER LOCATIONS					•
TOTAL	887	279	228	•	380
£1-£5	609	195	135	•	27
E6-E9.	202	62	69	•	89
W-184	9	n	m	•	•
01-03	47	0	<u></u>	•	27
04-06	3	9	=	•	7
TOTAL WORLDWIDE					
TOTAL	15,268	4.623	4.671	∞	4. 156
E1-E5	10, 154		•	•	2,583
E6-E9			o.	282	822
W1-W4	135	7.2	43	7.7	•
01-03	1.057	290	253	96	418
74-0A		CHI	C	9	c

. NOT APPLICABLE

TABLE 32

NUMBER OF E1-ES RESPONDENTS

			SER	SERVICE	
GEOGRAPHICAL ''REGION	TOTAL DOD	ARMY	NAV	MARINE	AIR FORCE
SOMOS					
TOTAL	5,475	1,545	1.927	873	1.130
EAST	3,612	1,236	1,379	492	505
WEST	1.863	309	548	381	625
EUROPE					1
TOTAL	1.547	099	361	•	526
GERMANY	859	099	*	•	199
ITALY	181	•	181	•	•
ENGLAND	198	•	27	•	171
SPAIN	308	•	153	•	156
PACIFIC					
TOTAL	2,531	629	738	478	656
HAWAI I	652	201	246	1.5	06
JAPAN	01	106	292	363	250
KOREA	545	352	•	•	193
PHILIPPINES	214	•	60	•	123
GUAM	109	*	109	•	•
OTHER LOCATIONS					
T0TAL	601	195	135	•	271
PANAMA CANAL	82	85	•	•	•
ALASKA	381	10	٠	•	27.1
GUANTANAMO BAY	135	•	135	•	•
TOTAL WORLDWIDE	10, 154	3,059	3,161	1,351	2,583

\* NOT APPLICABLE.

data tables, we cannot know exactly how much error has resulted from sampling. However, reasonably good estimates can be made of the range within which the responses of the total population would fall. The estimation of confidence limits for the results of the survey is a complex statistical decision and procedure. The following formula has been used to determine asymmetric confidence limits at the 95% level of confidence for sample percentage estimates:

$$P_{L} = p' - 1.96 \left[ P_{L} (1-p_{L})/n \right]^{\frac{1}{2}}$$
 (1.3)  
 $P_{U} = p' + 1.96 \left[ P_{U} (1-p_{U})/n \right]^{\frac{1}{2}}$  (1.3)

Where:

 $P_{T}$  = lower limit of the confidence interval

p' = the estimate based on the sample

n = the sample size

 $\mathbf{p}_{\mathbf{U}}^{-}$  the upper limit of the confidence interval

Table 33 depicts the upper and lower confidence limits for sample estimates.

In comparing two sample estimates, it is important to determine whether the difference between the two estimates is statistically significant. That is, can the difference reasonably be attributable to sampling variations or is it "real." Table 34 displays, for various sample sizes, the minimum difference between two percentage estimates that would be required for the difference to be statistically significant at the .05 level of confidence. For example, if a percentage result is 20 percent for E1-E5's and 15 percent for E6-E9's and the respective sample sizes were 1,000 and 500, there would have to be a difference of at least 5.6 percent for it to be considered a real difference and not attributable to chance. Thus, for this example, the difference would not be statistically significant at the .05 level.

TABLE 33

## CONFIDENCE LIMITS FOR SAMPLE ESTIMATES

-	_	<u>_</u>		-	<b>⊢</b>	8	VED	PERCENTAGE	AGE					
1.0%	_	3.0%	36	ج	5.0%	2	10.0%	20.0%	8	30.0%	*	\$	40.0%	<b>50.0%</b>
+		-	+	-	+	'	+		+		+	<u>                                     </u>	+	+1
6.7	2.3%	3%	7.8%	3.3%	8.6%	5.4%	10.2%	8.3%	11.9%	10.2%	12.6%	11.5%	212.73	12.4%
3.8%	=	<del>,</del> 86.	4.8%	2.7%	5.5%	4.3%	6.7%	6.2%	8.1%	7.6%	8.7%	8.49	80.0	8.8%
2.8%	<b>,</b>	.7%	3.6%	2.4%	4.3%	3.6%	5.3%	5.2%	6.4%	6.2%	7.1%	7.0%	7.4%	7.3%
0.7% 2.2%		%9:	3.0%	2.2%	3.5%	3.2%	4.5%	4.5%	5.5%	5.5%	6.1%	6.0%	8 6.3%	6.3%
0.6% 1.9%	_	.5%	2.6%	2.0%	3.1%	3.0%	4.0%	4.2%	4.9%	5.0%	5.4%	5.4%	5.7%	5.6%
0.6% 1.7	% 	.4%	2.3%	1.9%	3.0%	2.7%	3.5%	3.8%	4.5%	4.6%	5.0%	5.0%	5.2%	5.2%
0.6% 1.5%	_	.2%	2.1%	1.8%	2.5%	2.5%	3.2%	3.5%	4.2%	4.3%	4.6%	4.5%	4.8%	4.8%
0.6% 1.4%	_	.2%	2.0%	1.7%	2.3%	2.4%	3.0%	3.3%	3.8%	4.0%	4.3%	4	12 4.5%	4.5%
0.5% 1.3%	_	<u> </u>	1.8%	1.6%	2.2%	2.3%	2.8%	3.2%	3.6%	3.7%	4.1%	4.1%	4.3%	4.3%
ו.ו   גניס	<u>~</u>	%	1.7%	1.5%	2.1%	2.2%	2.7%	3.0%	3.4%	3.5%	3.8%	3.8%	% 4.0%	4.1%
0.4% 0.7%	28.0	 %	1.1%	1.1%	1.4%	1.6%	1.9%	2.2%	2.4%	2.6%	2.7%	2.8%	2.8%	2.8%
0.4% 0.6%		.7%	0.9%	0.9%		1.4%	1.5%	1.8%	1.9%	2.1%	2.2%	2.3	3% 2.3%	2.3%
0.3% 0.5%	29.0 %		0.7%	0.8%	0.9%	].]%	1.3%	1.6%	1.7%	1.8%	1.9%	2.0%	2 2.0%	2.0%
0.3% 0.4%	% 0.5%		0.6%	0.7%	0.8%	1.0%	1.1%	1.4%	1.5%	1.7%	1.7%	1.8%	7 1.8%	1.8%
0.2% 0.3%	% 0.4%		0.5%	0.5%	0.6%	0.7%	0.8%	1.0%	1.0%	1.2%	1.2%	1.2%	2 1.2%	1.3%
0.2% 0.2%	<u> </u>	.3%	0.4%	0.4%	0.5%	0.6%	0.6%	0.8%	0.8%	0.9%	1.0%	1.0%	7.0%	1.0%
		+	1	+	,	+	1	+	1	+	1	+	·	+1
99.0%		97.0%	26	95.	.0%	96	90.0%	80.0%	0%	70	70.0%	9	60.0%	50.0%
						98	OBSERVED I	PERCENTAGE	AGE			<u>-</u>		

(CONTINUED)

(CONTINUED)

TABLE 34
DIFFERENCES REQUIRED FOR SIGNIFICANCE ACCORDING TO SAMPLE SIZE

20% 25% 30% 35% 40% SING SING SING SING SING SING SING SING			පි	<b>OBSERVED</b>		NTAGE						<b>OBSERV</b>	ᅬ	CENTAGE		
THE OF SAMPLES OF OT		707	<b>20%</b>	25%	30%	ស	40%			١0%	20%	25%			40%	
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	200		7.6%	2	9	0	"	5								

TABLE 34 (CONTINUED)

# DIFFERENCES REQUIRED FOR SIGNIFICANCE ACCORDING TO SAMPLE SIZE